



## PARENTING TRICKY TEENS

For parents of children aged 12 to 18 years

Do you feel like you are walking on eggshells?

Do you struggle to get along with your young person?

Are you concerned about their aggressive behaviours towards you or their siblings?

Would you like to find a way to improve your relationship with your young person?

**Come along to this group, listen or share your story and get ideas to support you and your family.**

**When:** Thursday 10<sup>th</sup> August -  
14<sup>th</sup> September 2017  
7pm to 9.30pm

**Venue:** Croydon Community  
School  
177-181 Mount  
Dandenong Road,  
Croydon

**Cost:** FREE bookings essential

**Contact:** Julia Russell  
Parentzone  
9735 6190 or  
0400 866 495