

Stakeholder's Forum

The Upper Yarra Body Image Working Group is delighted to invite you to a morning with Professor Susan Paxton.

Susan Paxton is a Professor in the School of Psychology and Public Health at La Trobe University, Melbourne. Her research has concentrated on understanding risk factors for the development of body image and eating disorders, and the evaluation of prevention and treatment interventions for these problems. Her major current projects explore the early development of body image and eating behaviours, body image and disordered eating in adolescents and adults, evaluation of school-based prevention interventions and stigma associated with eating disorders.

Professor Paxton has been a member of numerous State and Federal government advisory committees and has been President of the Australian and New Zealand Academy for Eating Disorders (ANZAED), and President of the Academy of Eating Disorders. She is also a Director of the Butterfly Foundation.

Professor Paxton was the recipient of the 2013 Academy for Eating Disorders Leadership Award for Research.

During this informal presentation and Q&A, she will present an overview of current body image research including;

- General prevalence of body dissatisfaction and impact on health.
- The promotion of positive body image and implications for health promotion.
- Benefits of an integrated approach to prevention of eating disorders and obesity.
- Benefits of the whole of community approach to promoting positive body image.

Susan is happy to answer all of your questions about body image and public health.

When: Thursday, August 17, 2017
9:30 - 11:30am

Where: Community Room,
Upper Yarra Family Centre

Bookings: www.trybooking.com/QQMD

Although this is a free event, bookings are essential and seats are limited so book early to avoid disappointment.

Morning tea will be provided.